

<b>BODY MASSAGES</b>	<b>Rs</b>
<p><b>Signature Treatment - Candle Massage - 75 mins</b></p> <p>The Spa offers an authentic signature: a foot ritual followed by an aromatic candle massage. When heated, warm fragranced massage oil is obtained and stimulates all your senses and provides a feeling of deep relaxation.</p>	<b>4100</b>
<p><b>Pinda Massage - 75 mins</b></p> <p>An ancient massage technique using a warm compress of spices and herbs to provide a soothing effect on the body and mind. A wholly relaxing experience.</p>	<b>3500</b>
<p><b>Ayurvedic Massage: Shanti Ayurvedic - 75 mins</b></p> <p>This Ayurvedic Massage works on both the physical and mental levels, which increases circulation, calms nerves, lubricates the joints and increases mental alertness.</p>	<b>3500</b>
<p><b>Aromatic Relaxant Massage - 50 mins</b></p> <p>A relaxing body massage which relieves muscle stress and tension. The massage blends will leave you with a sense of well-being and inner calm.</p>	<b>2800</b>
<p><b>Circulatory Massage - 50 mins</b></p> <p>Massage movements that will increase circulation and eliminate toxins. Drains water retention.</p>	<b>2800</b>
<p><b>Mother To Be - 50 mins</b></p> <p>For mum to be, we've created the ultimate treatment to sooth sore backs and tired joints.</p>	<b>2700</b>
<p><b>Back Massage - 25 mins</b></p> <p>Massage focusing on back, neck and shoulder muscles, releasing muscular accumulated tensions.</p>	<b>1500</b>
<p><b>Scalp Massage - 25 mins</b></p> <p>Massage on the head with pressure points will provide you with deep relaxation.</p>	<b>1500</b>
<p><b>Foot and Leg Massage - 45 mins</b></p> <p>A circulation stimulating massage working on feet and leg muscles in order to regain lightness and vitality.</p>	<b>2000</b>
<p><b>Sports Massage for Golfers - 50 mins</b></p> <p>Deep tissue massage designed for sports enthusiasts in order to relax muscular tension.</p>	<b>3000</b>
<p><b>Slimming Massage - 50 mins</b></p> <p>A program which remodels the silhouette, works against accumulations. Has triple effect – reducing, slimming and anti cellulite.</p>	<b>3000</b>
<p><b>Outdoor Gazebo with Supplement</b></p>	<b>200</b>

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## **Body Scrub** **Rs**

### **Spice Oriental Scrub - 25 mins** **1900**

Exfoliation made up of cinnamon, vanilla, ginger and cardamom with rice oil. Helps eliminate superficial dead cells whilst it hydrates, nourishes and softens the skin.

### **Tropical Body Scrub - 25 mins** **1600**

Tropical sugar scrub is natural and chemical free. It naturally removes dead skin and leaves skin glowing and healthy.

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## **BODY WRAP** **Rs**

### **Dawn Breeze Aloe Vera - 30 mins** **2000**

A fresh, melting body wrap based on mint and aloe vera. Deeply nourishes and regenerates, leaving the skin silky. Ideal after spending time in the sun.

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## **BODY TREATMENTS** **Rs**

### **Heavy Legs - 50 mins** **2300**

Maximum comfort and relaxation for legs and feet. Hydrates and nourishes, improves circulation and relaxes muscle tension. An immediate sensation of lightness.

### **Back Tension Release - 50 mins** **1800**

Purifying, deep cleansing treatment for the back helps to detoxify.

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## **FACIAL TREATMENTS** **Rs**

### **Deep Hydration - 55 mins** **2800**

Specially designed for dehydrated and tired skin, this treatment immerses the skin in a bath of freshness, relaxes the facial contours and revitalises the skin.

### **Pure-expert Deep Cleanse Facial - 55 mins** **2800**

Composed of several plant extracts, the Pure expert is indicated for all skin types and at all ages. It balances the sebum level, moisturizes and soothes the skin. Reduces dilated pores and skin imperfections as well as giving the skin a sensation of freshness and luminosity.

### **Lifting Anti-Ageing and Eye Treatments - 75 mins** **3600**

An exceptional treatment that rejuvenates and provides rapidly luminosity to skin. It also provides a tautening, lifting effect due to oat extract.

### **Express Energy Detox Facial (The energy & Youthfulness to the skin) - 60 mins** **3200**

Specially designed for today's lifestyle when the skin is constantly under attacks from the environment: pollution, UV Radiation, contaminants in the air, stress etc.

## **FACIAL TREATMENTS**

**Rs**

### **For Men - Detoxifying and Revitalizing - 55 mins**

**2800**

Treatment with pure Vitamin C that restores loss of energy and vitality in men's skin, whilst eliminating toxins. It strengthens the skin's defenses against pollution, stress and free radicals.

### **So Delicate Skin - 55 mins**

**3200**

This hypo-allergenic range contains a blend of natural plant extracts and our exclusive Defensive Complex to soothe sensitive skin. By reinforcing the protective barrier, So Delicate increases the skin's tolerance so that over time it becomes less reactive.

## **HANDS AND FEET TREATMENTS**

**Rs**

### **Hands' Wellness - 60 mins**

**1850**

A treatment that, besides taking care of your nails, will cleanse, prepare and restore the hands' skin to its natural beauty. Hydrates, nourishes and prevents premature ageing.

### **Feet wellness with French Nail Polish**

**1850**

A complete treatment program for damaged foot skin by continuous rubbing of footwear. Treatment that will hydrate, nourish and protect the feet.

### **Nail Polish - 30 mins**

**300**

### **Nail Varnish with French Manicure - 30 mins**

**500**

### **Semi Permanent application**

**2000**

### **Gel Removal/Semi Permanent**

**700**

## **HAIR TREATMENTS**

**Rs**

• Short Hair (Blow dry)	700
• Shoulder Length Hair	800
• Long Hair (Blow dry)	1150
• Trim	500
• Transformation Cut	1100
• Men Hair Cut	500
• Bridal Hair Styling	1500-3000
• Make-up	1400
• Trial Make-up	1500
• Bridal Hair Styling & Make-up	4000-5000
• Shampoo & Mask	200

## **WAXING**

**Rs**

• Bikini Line Waxing	500
• Brazilian Bikini Waxing	800
• Underarm	450
• Half Legs	600
• Full Legs	1100
• Full Arms	500
• Eyebrow Waxing	200
• Lip Waxing	200
• Chest Waxing	1000
• Back Waxing	1000
• Henna Design	300-2500

## SPA PACKAGES

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### Spa Detox (3-4 Days)

Rs 9500

- Cellulite Drain (50 mins)
- Circulatory Massage (50 mins)
- Facial (60 mins)
- Lighter Legs (50 mins)

### The Great Escape (1-2 Days)

Rs 8500

- Signature Massage (75mins)
- Lifting and Eye treatment (75 mins)
- Foot & Leg Massage (30 mins)

### Wellness Deluxe for Couples (1-2 Days)

Rs 15000

- Body Scrub (30mins)
- Foot Ritual followed by a Candle Massage (75 mins)
- Men Detox Facial for Him/Hydrating Facial for Her

### Spa Facilities:

#### Sauna, Hammam and Jacuzzi (45mins)

Rs 500

N.B:

- The packages are valid every day from 8.30 am to 7.00 pm.
- Booking must be done at least 24 hours in advance and will depend on the availability of the Spa
- Packages cannot be changed
- Prices are subject to change without notice. (Inclusive of VAT)